Chocolate Banana & Coconut Overnight Oats

Recipe makes 1 serving

<u>Ingredients</u>

- 1/2 cup Dry Oats
- 1/2 cup Fat Free Fairlife Milk
- 1/3 Banana, sliced
- I scoop Legion Vanilla Protein Powder
- 2 Tbsp Sugar Free Maple Syrup
- I Tbsp Sugar Free Hershey's Chocolate Chips
- I Tbsp Shredded Coconut



Instructions

I. In a sealable container, add all of the above ingredients, except the shredded coconut, banana, and chocolate chips.

2. Mix well, top with your shredded coconut, banana, and chocolate chips, cover, and place in the fridge overnight. You can eat these cold or warmed up the next day.

Nutrition Profile

- per serving -

Calories - 445
Fat - 12g
Carbohydrates - 57g
Protein - 35g
*Fiber - 5g

3. Enjoy!