Ways to use an empty notebook

PRODUCTIVITY + ORGANISATION

- ◯ Bullet journal
- ◯ Yearly collections journal
- ◯ Long-term collections journal
- ◯ Notes and tasks

REFERENCES

- ◯ Everyday reference book
- ◯ Perpetual calendar
- ◯ Swatch journal
- ◯ Address book
- ◯ Password prompt book

MEDIA

- ◯ Quotes journal
- ◯ Reading journal
- ◯ Watching journal
- ◯ Gaming journal
- ◯ Book of poems
- ◯ Music journal
- ◯ Podcast journal
- ◯ Lyrics I love

HOBBIES AND CRAFT

- ◯ Project planner
- ◯ Sketch book
- ◯ Scrap book
- ◯ Junk journal
- ◯ Finished pieces
- ◯ Lettering practice
- ◯ Collection notes

FOOD

- ◯ Recipe journal
- ◯ Shopping lists
- ◯ Family meal plans
- ◯ Allergy journal

HOME AND FAMILY

- ◯ Shared schedule
- ◯ Stuff my XYZ says
- ◯ Our love story
- ◯ Wedding planner
- ◯ Pregnancy journal
- ◯ Pet journal
- ◯ Holiday planning book
- ◯ Gardening journal
- ◯ Houseplant care
- ◯ Home projects journal
- ◯ House maintenance plan

MEMORY KEEPING

- ◯ Memory keeping journal
- ◯ Travel diary
- ◯ 5-year journal
- ◯ Camp journal
- ◯ Daily headlines
- ◯ Memorabilia book
- ◯ One sentence a day
- ◯ Photo album
- ◯ Daily scribbles
- ◯ Picture diary

BIG IDEAS

- ◯ Brainstorming book
- ◯ Ideas journal

LEARNING

- ◯ Common place book
- ◯ Student planner
- ◯ Language learning journal
- ◯ Songs to learn
- ◯ Words learned
- ◯ Study notes

GOALS

- ◯ Goal planner
- ◯ Life assessment
- ◯ 101 things list
- ◯ Bucket list
- ◯ Routine planner
- ◯ Habit building planner
- ◯ Forward life planning

HEALTH AND WELLNESS

- ◯ Physical health journal
- ◯ Mental health journal
- ◯ Fitness planner
- ◯ Weight loss planner
- ◯ Illness tracker
- ◯ CBT thought diary
- ◯ Medical notes journal
- ◯ Affirmations journal
- ◯ Gratitude journal
- ◯ Dream journal
- ◯ Therapy journal
- ◯ Unsent letters
- ◯ Reflections journal
- ◯ Morning pages

FINANCES AND PURCHASING

- ◯ Budget planner
- ◯ Wish list
- ◯ Charity journal
- ◯ Subscriptions list

BOOK WRITING

- ◯ Story ideas
- ◯ Creative writing journal
- ◯ Book writing notes
- ◯ Character profiles
- ◯ Writing planner

WORK AND CAREER

- ◯ Work journal
- ◯ Project planning journal
- ◯ Content planner
- ◯ Work reference materials

SPIRITUALITY

- ◯ Bible journaling
- ◯ Book of shadows
- ◯ Astrology journal
- ◯ Tarot card daily readings
- ◯ Prayer journal
- ◯ Moon journal

OTHER

- ◯ Nature journaling
- ◯ Field notes
- ◯ Random thoughts
- ◯ List book
- ◯ Vision boards
- ◯ Mood boards
- ◯ Long-term tracking
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