3 WEEKS IN JODOOUU ITINERARY

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tourist



Getting to Tokyo from the Airports

Narita Airport to Tokyo

- 1 hour on Narita Express train
- Under 2 hours on Narita
 Airport Limousine Bus <u>BOOK IN</u>
 <u>ADVANCE →</u>

Haneda Airport to Tokyo

- 15 minutes on Tokyo Monorail to Hamamatsucho Station
- Can use Suica Card or JR Pass to cover the journey
- BUY SUICA (IC) CARD →
- BUY TOKYO SUBWAY PASS \rightarrow
- BUY JR PASS →



Where to stay in Tokyo

Read my honest advice in my detailed <u>Tokyo hotel guide →</u>

- Dormy Inn Premium Shibuya →
- <u>Shibuya Excel Tokyu →</u>
- The Gate Hotel Asakusa →
- <u>Mimaru Hotel Asakusa →</u>
- Shiba Park Hotel Minato →
- Park Hotel Tokyo Minato →
- Mercure Hotel Ginza \rightarrow
- Sunroute Plaza Hotel Shinjuku →
- <u>Yokohama Bay Tokyu →</u>



Where to eat in Tokyo

- SHIBUYA: Han no Daidokoro for wagyu, Kirin City izakaya
- SHINJUKU: Golden Gai, Omoide Yokocho, 2D Café
- HARAJUKU: Harajuku Gyozaro
- AKIHABARA: Maidreamin'

Experiences to book in advance

- Sumo wrestling & lunch tour →
- Harajuku crazy kawaii food tour →
- Akihabara anime & gaming tour →
- Asakusa kimono rental & hairstyling \rightarrow
- Shinjuku night photo tour →
- <u>3 hour Asakusa & Ueno cycling tour →</u>
- <u>Tsukiji breakfast food tour →</u>
- Shinjuku Omoide Yokocho, Golden
 Gai & Kabukicho food tour →
- Yakana old town historical walking & food tour →
- View all Tokyo food tours \rightarrow
- View all Tokyo attractions & things to do →



Things to do in Tokyo

DAY 1: SHIBUYA

Visit Hachiko's statue, walk across the "Scramble" crossing, head up to <u>Shibuya Sky</u> for amazing sunset views at Japan's largest outdoor rooftop.

DAY 2: HARAJUKU

Explore quirky stores of Takeshita-dori, relax in the tranquil gardens of beloved Meiji-jingu OR switch with <u>Yanaka Ginza</u> for old-world charm instead.

DAY 3: SHINJUKU

Don't miss the the world's busiest station, escape to Shinjuku-gyoen, find Shinjuku no Nekomae cat on 3D TV, izakayahop around Golden Gai & Omoide Yokocho.





• DAY 4: ASAKUSA & AKIHABARA Discover Senso-ji, Asakusa-jinja & Hikan Inari. Eat your way along Nakamise-dori & pass under the Thunder Gate. Visit the <u>Tokyo</u> <u>SkyTree</u> or spend the afternoon shopping electronics & anime in Akihabara & try a <u>maid café</u>! Don't miss Kanda Shrine & Hie Shrine.

• DAY 5: ODAIBA, MINATO, GINZA Start early at incredible <u>teamLab</u> Borderless, Statue of Liberty & Rainbow Bridge before visiting Hamarikyu Gardens & Zojo-ji with Tokyo Tower as a backdrop. Head to Ginza to shop for luxury brands & to admire the quirky buildings.

Optional foodie experiences to book in advance

- Shinjuku Night Bar Hopping Tour \rightarrow
- <u>Shibuya Night Bar Hopping Tour →</u>
- <u>Shibuya Ramen Tasting Tour →</u>
- Use code *Invisible5* for a discount!
- Retro Shibuya food tour \rightarrow
- · Tokyo All Star food tour \rightarrow
- Ginza whiskey, cocktail, sake tour \rightarrow



Optional Day Trips from Tokyo

Read this day trips from Tokyo guide in full detail on my blog \rightarrow

30 mins from Tokyo

- Kawagoe <u>READ MORE</u>
- Yokohama <u>READ MORE</u>

1 hour from Tokyo

- Kamakura <u>BOOK</u>
- Sanrio Puroland <u>BOOK</u>





1.5 hours from Tokyo

- Fuji-Q Highland <u>BOOK</u>
- Gotemba <u>BOOK</u>
- Hakone <u>BOOK</u>
- Hitachi Seaside Park & Mito
- Nagano <u>READ MORE</u>



2 hours from Tokyo

- Edo Wonderland, Nikko <u>BOOK</u>
- Shrines of Nikko <u>READ MORE</u>
- Mt Fuji & Fuji Five Lakes <u>BOOK</u>
- Tobu World Square, Nikko <u>READ MORE</u>

2+ hours from Tokyo

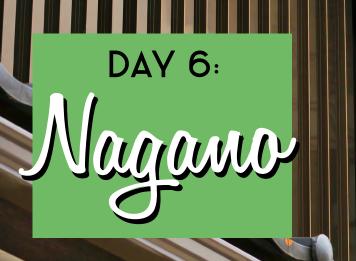
- Fujinomiya <u>BOOK</u>
- Matsumoto





Passes to book in advance

- Japan Rail Pass →
- Suica (IC) Card \rightarrow
- More types of transport passes \rightarrow





Tokyo to Nagano

- 80-100 mins from Tokyo Station
 on JR Hokuriku Shinkansen
- Arrive JR Nagano Station
- Covered by the <u>JR Pass</u> \rightarrow

Where to stay in Nagano

- <u>Shinshu Zenko-ji Yakuoin →</u>
- Includes onsen, moments from Chuo-dori & Zenko-ji Temple



Where to eat in Nagano

- Explore Chuo-dori for restaurants, shops & cafés
- Catch a noodle-making demo in the window at *Daimaru*
- Nagano is famous for shinshu apples, do try something with this flavour!



Things to do in Nagano City

- Try interesting ice cream flavours & shop for souvenirs along Nakamise-dori, the street leading up to Zenko-ji.
- Learn the interesting tale behind the famed "running ox" you see pictured around the city (hint: if you can find the sitting golden ox statue, the story will be revealed).
- Shop along the sleepy Gondo Covered Shopping Arcade. Head here in the evening for karaoke or for a bite to eat, it comes alive at night!
- Visit the 1998 Winter Olympic
 Venues if they interest you.





Things to do in Nagano



Zenko-ji Temple

Dating back to the 7th century, Zenko-ji is one of Japan's oldest & few remaining pilgrimage sites:

- Start at Chuo-dori. The wooden Niomon Gate shelters Zenko-ji's Nio guardians. Spot the miniature sandals left by worshippers.
- Look for 6 *Rokojizo* lined up.
 Featuring halos & red bibs, they're thought to have given up their enlightenment to help others.
- To the left is Daikanjin Abbey, residence of the chief priest.
- The Sanmon Gate is located just before Zenko-ji's main hall.
- Admire the interior of Zenko-ji's main hall. Rebuilt in 1707, it houses precious Buddhist artefacts. No photos are permitted inside.
- Find the "Key to paradise of Amida Buddha" attached to a wall in the deep underground passage.

Nagano to the Snow Monkeys

From Nagano, Shiga Kogen
 Express bus, 55mins. From final
 Snow Monkey bus stop, 30mins
 walk on a well-marked path.



Jigokudani Snow Monkey Park

The monkeys are there year-round! You don't have to wait specifically to see them in winter. I spent about 1.5 hours in summer watching the monkeys play & jump about. Tips:

- Visit first thing in the morning, commencing your walk at 8am
- Don't touch, smile at or get too close to the monkeys
- Don't bring in food, but wear bug repellant & bring an umbrella in summer
- More tips & what no one tells you about <u>Jigokudani Snow</u> <u>Monkey park in summer here</u>.



Nagano to Matsumoto

- JR Nagano Station 50 mins on JR Shinano Limited Express train
- Arrive JR Matsumoto Station
- Covered by the <u>JR Pass \rightarrow </u>

Where to stay in Matsumoto

- <u>Matsumoto Hotel Kagestu →</u>
- 5 mins walk to Matsumoto Castle, Nawate-dori & sake bar opposite



Things to do in Matsumoto

Don't miss Matsumoto
 Castle! Dating back to the
 16th century, do explore the
 interior, evidence of fire &
 other historical events are
 still visible. Several artefacts
 are on display. The staircases
 are so steep, but the views
 from the top are fantastic.



- Stroll along Nawate-dori beside the Metoba River.
 Plenty of small shops & cafes, this laneway is also known as Frog Street, with frogs said to guard local businesses.
- Make a wish at Yohashira Shrine. Dedicated to 4 Shinto deities (which is rare) it's believed to have special wishgranting properties.
- Head to Nakamachi-dori to see old whitewashed kura storehouses. Pick up some temari balls, a toy symbolising Matsumoto.
- Geometric Genchi Well is has been a popular spot to try refreshing alpine water since the Edo Period.
- Jorin-ji Temple is a real gem. Also known as Kasamori Inari Shrine, admire the gorgeous little Japanese koi pond & walk beneath the vermilion torii gates.
- See Yayoi Kusama's work at City Museum of Art, or visit Ukiyo-e Woodblock Museum.



Matsumoto to Takayama

2.5 hours on highway bus from
 Takayama Nohi Bus Centre

Where to stay in Takayama

- Minshuku Iwatakan →
- Includes *onsen*, meals, 15mins walk to Takayama town centre





Where to eat in Takayama

- Be sure to try the local specialty, Hida beef. Grill your own at Karakuri restaurant near Takayama Station.
- Miyagawa Morning Market for all kinds of produce, snacks & this espresso cookie cup!



Optional Day Trips from Takayama

Hida no Sato Folk Village

Crowd-free alternative to Shirakawa-go, features the same 250 year-old wooden farmhouses. Learn about life in the Hida mountains during the Edo Period.

Gero Onsen

Relaxing hot spring town nestled within the Japanese Alps, 1 hour from Takayama.

Shirakawa-go

Avoid contributing to overtourism issues in the village by opting to visit on your own or part of a small tour.





Things to do in Takayama



There is so much to see and do in Takayama, you'll have a busy two days here!

- Enjoy breakfast one morning at Miyagawa Morning Market along the Miyagawa River. Pick up hot *taiyaki* & enjoy an edible espresso cup from KOMA Coffee stand.
- Visit Sakurayama Hachimangu Shrine, the oldest in Takayama. Surrounded by dense trees, its origins date back to the 4th century. Let me know if you find the "Madman Stone" hiding here!
- Definitely visit Takayama Yatai Kaikan if your trip doesn't coincide with the summer matsuri festival.
- Pop by the 1:10 scale model of the UNESCO World Heritage site of Nikko at Sakurayama Nikkokan. It's included in the entry cost to Yatai Kaikan. The detail of the miniature shrine replicas is absolutely incredible!

- Enjoying sake tasting at one of the breweries. keep an eye out for sugidama (leafy cedar balls) hanging at the storefront.
- Stop by the famous Nakabashi Bridge. In traditional style, this vermilion bridge is surrounded by cherry trees during spring & is the gateway into the Old Town preserved district known as Sanmachi Suji.
- Check out Takayama Jinya if you're interested in seeing an Edo Period government house.



- Embark on the Higashiyama
 Walking Course in the city's east.
 Exploring 12 hillside temples in the Teramachi area. I highly recommend 16th century Hokke-ji.
- Hunt down the Takayama Matsuri float storage sheds scattered throughout the city.
- The impressive marionette performance at Karakuri Museum is a wonderful cultural experience.



Takayama to Kanazawa

 2 hours on Limited Express train, change at Toyama

Where to stay in Kanazawa

- Hotel UAN Kanazawa →
- 5mins walk from Omicho Market,
 15mins walk to the Ninja Temple

Where to eat in Kanazawa

- Omicho Fish Market
- Eateries around Kanazawa's
 Scramble Crossing
- Try ice cream with gold leaf the local specialty!







Cultural experiences to book in advance

- Explore temples via rickshaw in traditional dress with kimono rental in Kanazawa →
- Enjoy a private tour of Omicho Market & complete with a cooking class from a local Japanese chef →
- Enjoy a samurai culture experience with optional lunch →
- Learn traditional Kaga embroidery in a class →

Tips when visiting Kanazawa

- The main Kanazawa attractions are spread out. You may wish to take a bus/taxi to get around.
- Hokutetsu buses run every 15mins in a loop, stopping at popular attractions.
- Have some spare change ready, IC cards & JR Passes are invalid.



Things to do in Kanazawa



- Start the morning at Kanazawa Castle grounds, then make your way to Kenroku-en. These exquisite gardens are Kanazawa's star attraction. It's considered one of the 3 most beautiful gardens in all of Japan!
- If you enjoy seafood, head to the fresh Omicho Fish Market to grab a bite to eat.
- Admire the grand Tsuzumi-mon Gate combining old & new architectural styles to create this entrance to Kanazawa Station.
- Head to Katamachi for a modern shopping area with Kanazawa's "Scramble" crossing, high end shops, restaurants & bars.
- Don't miss Higashi-chaya district. This area oozes Kyoto vibes with its preserved traditional wooden buildings. Plenty of stores specialising in ceramics & traditional crafts, why not pick up some gold-leaf souvenirs?

- Wander the Nagamachi Samurai neighbourhood & don't miss Nomura Clan Samurai Residence. As the family home of powerful ruling samurais for 3 centuries, take a peek into the opulence of their rooms & gorgeous gardens!
- Spend time getting gloriously lost around the Kazuemachi Nishi Chaya & Nagamachi areas. Step back in time at the old teahouses where geishas once entertained.



DON'T MISS: Myouru-ji Temple

The "Ninja Temple" is named so for dozens of secret passages, trick doors & underground escape tunnels found within.

The 1 hour tour is only in Japanese, but an English guidebook is available. Photos/video not permitted. Arrive 10mins early.

Bookings essential & the temple only accepts cash. Ask your hotel to reserve a tour, <u>more info here</u>.



Kanazawa to Kyoto

- 2 hours on JR Thunderbird
 Limited Express train
- Arrive JR Kyoto Station
- Use IC Card on Kyoto Metro

Where to stay in Kyoto

- Kyoto Granbell Hotel BOOK \rightarrow
- Kyoto Hana Hotel Gion BOOK \rightarrow
- Convenient central locations



Tips for visiting Kyoto

To help alleviate overtourism issues in Kyoto for locals (& yourself):

- Visit popular attractions early in the day or later in the evening after day trippers have come and gone
- Visit lesser-known gems during the day
- Take small-sized group tours with certified local guides
- Etiquette: Correct do's & don'ts →



Where to eat in Kyoto

- You can't go wrong with any of the old izakaya in Gion or Pontocho
- Enjoy street food by eating your way along Nishiki Market
- Make your own traditional ramen bowl at <u>Ramen Factory</u>

Experiences to book in advance

- <u>Fushimi Inari hidden hiking tour →</u>
- Arashiyama hidden hiking tour →
- Private Kiyomizu-dera walking tour
 <u>& traditional tea ceremony</u> →
- UNESCO historical cycling tour →
- <u>Uji macha & Byodo-in walking tour</u> with tea ceremony →
- Cooking classes with locals \rightarrow
- Kyoto Tower admission tickets \rightarrow
- Nijo Castle admission tickets →
- Kyoto kimono rental →
- See all Kyoto foodie expereinces →
- See all Kyoto attractions & things to do →



Things to do in Kyoto

DAY 1: DOWNTOWN

Take a peek at Kyoto Tower located outside JR Kyoto Station & get your bearings downtown. Check into your hotel & enjoy a stroll over the Sanjo Ohashi Bridge. Explore 7 kilometres worth of stores located within the Sanjo-kai Shotengai shopping arcade & end the day at Yasaka Shrine without crowds.

• DAY 2: NORTHERN KYOTO Start early at Arashiyama Bamboo Grove & Iwatayama Monkey Park. Wander north to the stunning Gio-ji Temple moss gardens & be touched by the thought behind Adashi-no Nembutsu-ji. FInish the day at the golden (& popular) Kinkaku-ji.





• DAY 3: CENTRAL KYOTO

Begin early at the iconic Ninenzaka street & admire Yasaka Pagoda. Explore Kiyomizu-dera via Sannenzaka. Don't miss hidden sights Jinshu-jinja & Yasaka Koshin-do "pom pom" temple. Be left in awe with the dragon ceiling of Kennin-ji before heading to Kodai-ji with its secluded bamboo grove. Enjoy Maruyama Park & Gion at dusk (& maybe spot a geisha!)

• DAY 4: EASTERN KYOTO First stop Fushimi Inari Taisha before

heading south to lovely Daigo-ji. Enjoy impressive gardens of Tofukuji & aqueduct of Nanzen-ji. Walk the Philosopher's Path to Ginkaku-ji & admire views over the city before a Pontocho dinner experience.

Optional foodie experiences to book in advance

- Pontocho Night Bar Hopping Tour→
- Gion & Kaiseki food tour in Kyoto →
- <u>Gion Night Foodie Tour →</u>
- Kyoto Market 7 course lunch tour →



Kyoto to Hiroshima

- 1hr40 from JR Kyoto Station on Nozomi Shinkansen
- Arrive JR Hiroshima Station
- Use IC Card on Hiroshima trams

Where to stay in Hiroshima

- RIHGA Royal Hotel BOOK \rightarrow
- KIRO Hiroshima Hotel BOOK \rightarrow
- Grab a taxi from JR Hiroshima Station
- Easy walk to Atomic Bomb Dome

Where to eat in Hiroshima

- The many eateries along Hon-dori shopping arcade, including Happy Pancake for famous fluffy soufflé pancakes
- Okonomimura building for dozens of eateries offering Hiroshima's signature dish, okonomiyaki.





Hiroshima to Miyajima

- OPTION 1: 45mins each way direct Aquanet ferry from Hiroshima Peace Memorial Park
- OPTION 2: 80mins each way with First Beach Co. Ltd (Sentonaikaikisen)
- OPTION 3: 1.5 hours each way on tram, JR train & JR ferry. Use <u>IC</u> <u>Card</u> for tram; JR train & JR ferry covered by Japan Rail Pass.

Tips for visiting Miyajima in one day

- Check the <u>tide info</u> beforehand
- Take enough cash for the day
- Try momiji-manju (autumn leaf cakes), a Miyajima specialty
- Remember not to tempt the sacred deer with human food.



Things to do in Hiroshima & Miyajima

HIROSHIMA

- Spend some time reflecting on the past at the Atomic Bomb Dome (A-Bomb Dome)
- Be amazed by thousands of paper cranes at the Children's Peace Monument
- Witness a nuclear shadow on a Jizoson hiding in plain sight
- Visit the Peace Memorial Museum to learn more about the effects of the nuclear bombing of 6th August, 1945
- See the Peace Flame by the Peace Arch & nearby Phoenix Trees
- Be moved by survivor's stories at the National Peace Memorial Hall for Atomic Bomb Victims.





MIYAJIMA

- Originally built in 593 AD, spend time exploring the 20 wooden buildings of Itsukushima Shrine
- Marvel at the Grand Torii Gate floating on water, one of Japan's most photographed icons
- See the sacred deer, believed to be messengers to the gods since ancient times
- Shop for artisanal objects & souvenirs along Omotesando
- Head to Mt Misen's peak by cable car or hike to enjoy sweeping views over the region
- Visit stone jizo with colourful hats at Daisho-in & take a break in the Maple Garden.

Optional experiences to book in advance

- Hiroshima foodie bar hopping tour →
- Best of Hiroshima food tour \rightarrow
- HIroshima Peace Walking Tour →
- Hiroshima sake town tour in Saijo \rightarrow



Hiroshima to Kurashiki

- 1.5 hours on JR Sanyo line Nozomi shinkansen to Okayama, then 15 mins to Kurashiki on local train.
- Sakura shinkansen covered by the <u>JR Pass</u> →

Where to stay in Kurashiki

- Court Hotel Kurashiki →
- Great location just steps from
 Bikan Historical Quarter



Things to do in Kurashiki

 Don't miss the Ohara Museum of Art. It's not just an ordinary Western art museum, it houses a collection of works Picasso, Monet, Cezanne & more. How it came to be in this small Japanese town barely anyone has heard of is an amazing story
 I'll leave it to you to find out!



- Enjoy a super-touristy but fun boat ride along the canals. Your "gondolier" will narrate points of interest along the way. Ensure you purchase your ticket first& select a timeslot that suits you.
- Check out some shops in Kurashiki Ivy Square - the area is covered in ivy during the warmer months.
- Purchasing some famed *bizan* pottery.
- Spend some time visiting the quirky museums.
- Hunt down kitschy denim souvenirs on Denim Street, the birthplace of jeans in Japan.
- Admire the view over the city from the hillside Achi Shrine.
- Relax in the stunning traditional Japanese gardens of Shinkei-en.

Experiences to book in advance

- Ride in a traditional rickshaw \rightarrow
- Create your own pair of jeans \rightarrow
- Brochure of discount coupons \rightarrow



Hiroshima to Osaka

- 1h30 from JR Hiroshima Station on Nozomi Shinkansen
- Arrive JR Shin-Osaka Station
- Use IC Card on Osaka Metro

Where to stay in Osaka

- Cross Hotel Osaka BOOK →
- Dotonbori Hotel Osaka BOOK →
- 5mins from Namba Metro Station
- Convenient central locations



Where to eat in Osaka

- Shinsaibashi-suji Arcade
- Kuromon Market with a local
- Dotonbori for beef BBQ & more





Osaka to Nara

- 35mins from Osaka Namba
 Station to Nara Kintetsu Station
 (not JR Nara) via Rapid Express
 Kintetsu train
- Nara Park 6mins walk
- Buy Kintetsu Pass in advance \rightarrow



Experiences to book in advance

- Umeda Sky Building tickets →
- LegoLand Discovery Centre →
- Harukas 300 Sky Garden →
- Solaniwa Onsen hot springs →
- Universal Studios Japan \rightarrow



Things to do in Osaka & Nara

OSAKA

- See the famous Clico Man over the Dotonbori River
- Discover the treasures housed in Osaka Castle & Museum
- Have fun in retro Shinsekai
- Embrace the foodie scene at Shinsaibashi-suji Arcade & try takoyaki (octopus balls), Osaka's signature street snack
- Find old-world Hozen-ji
 Yokocho & Hozen-ji Temple
 with its moss-covered statue,
 believed to bring good luck
- See the giant lion face of Namba Shrine
- Don't forget to look down to find artistic manhole covers decorated with Osaka Castle!





NARA

- Relax in tranquil Yoshiki-en
 Gardens with its mossy lawns
- Walk beneath Nandaimon Gate & its two giant guardian statues
- Marvel at UNESCO-listed Todai-ji, the world's largest wooden structure & home to the huge bronze Daibutsu that dates back to 752 AD
- Explore Nigatsu-do, a wooden hall & an outdoor verandah with impresssive views of Nara
- Visit Kofuku-ji, a UNESCO site & pagoda dating back to the 8th century
- Admire 3,000 gorgeous lanterns of Kasuga-taisha
- Meet the sacred deer.

Optional experiences to book in advance

- Dotonbori local foodie tour \rightarrow
- Namba night bar hopping tour \rightarrow
- Osaka Shinsekai evening food tour →
- <u>Osaka market food tour →</u>
- <u>3 hour Osaka highlights bike tour →</u>
- <u>Osaka nightlife food tour →</u>



Optional Day Trips from Osaka

Read this day trips from Osaka guide in full detail on my blog \rightarrow

30 mins from Osaka

• Kobe

1 hour from Osaka

- Himeji
- Uji <u>READ MORE</u> <u>BOOK</u>
- Akashi Kaikyo Bridge & Awajishima Island





1.5 hours from Osaka

- Kurashiki <u>READ MORE</u>
- Okayama



2 hours from Osaka

• Mt Koya (Koyasan)

2+ hours from Osaka

Naoshima Island



Passes to book in advance

- Japan Rail Pass →
- Suica (IC) Card \rightarrow
- <u>Kansai Thru Pass →</u>
- More types of transport passes →



Quick links to useful resources

Essentials to book in advance for Japan

- <u>Japan Rail Pass →</u>
- Rechargable Suica Card \rightarrow
- <u>Pocket WiFi →</u>
- Travel SIM Card \rightarrow

View this complete 3 Weeks in Japan Itinerary →

View more travel tips, guides, reviews & itineraries on my detailed Japan travel blog \rightarrow

- <u>6 Days in Tokyo Itinerary</u> →
- 2 Days in Kanazawa Itinerary \rightarrow
- 2 Days in Takayama Itinerary →
- <u>4 Days in Kyoto Itinerary</u> \rightarrow
- · Hiroshima to Miyajima by Ferry \rightarrow
- · Things to Do in Hiroshima \rightarrow
- Things to Do in Kurashiki →
- <u>3 Days in Osaka & Nara Itinerary →</u>

Happy (invisible) travels,



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