

5 Soul Music Fills

Inspired by Motown & Stax Records



Tenthumbspro.com
For educational purposes only

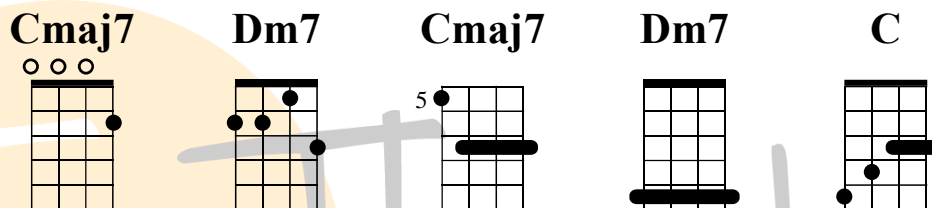
Key: C

Harmony: C, Cmaj7, Dm, Dm7

Backing Track BPM: 80 BPM

Video Tutorial: <https://www.youtube.com/watch?v=-WAWQWbXaDE>

Chord Shapes:



Chord Progression and Strum from Backing Track:

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
Cmaj7 | **Dm7** |
 D D D | D D D |

- You don't have to use this strum pattern, but this is the progression that I am using throughout the backing track. If you are jamming with your friends you want to use this same progression, but you don't have to use the same strum pattern.

C Major Scale review and harmonized in 3rds and 6ths

C Major Scale - Position 1	C Major Scale in 3rds	C Major Scale in 6ths
13	14	15
T A B		
0 2 0 1 3 0 2 3	0 1 3 5 2 3 5 7 0 2 4 5 3 5 7 8	0 2 3 5 7 8 10 12 0 2 4 5 7 9 11 12

- The 3rd interval
 - o b3rd is up 3 frets
 - o 3rd is up 4 frets
- The 6th interval
 - o b6th is up 3 frets
 - o 3th is up 4 frets
- More information on intervals <https://youtu.be/fab90AjfYzc>

Fill 1

- This fill starts with a C and E which are two notes in the Cmaj7 chord, so it is a great place to start.
- They are all 8th notes so make sure to take your time and count it out
- The first 3rds played over the Dm7 are the D and F notes, two notes in the Dm7 chord, making it a great place to land
- The double stops played on the E and the A string together are actually the 4th interval, we will see that throughout the lesson
- Try and keep in the slides and pull offs in time

Fill 2

- This fill includes chord stabs, when you play the 2nd beat make sure you keep it short and staccato so you can get to the & on time.
- This fill is all 6ths, again moving towards 6th intervals that fit inside the chords.

Fill 3

- Here we are using 6ths again and this time we have started to use 16th note timing.
- This one I think is the hardest because the quick slide that you have to keep in time is tricky, so practice this one without the backing track first to make sure that you are able to get it in time.

Fill 4

- Here we are pulling 3rds out of the chord shape.
- You will see the first riff moving towards the Dm7 and then it moves back to the C

Fill 5

- This one is my favorite
- The 16th note riff uses an open G string, it is arranged for a high G so if you have a low G you can play it the same or you can play the 3rd fret of the E string
- Take it slow and KEEP IT IN TIME, that is the most important thing.