



Diaper Changing

Every dry diaper is meant to be dirty, and every pleasurable dirty diaper eventually needs to be changed. After the thrill of the squish is gone, no baby can resist having a squeaky clean butt, a puff of baby powder, a dab of cream, and a new thick and comfortable and warm diaper, ready to be messed again.

In my newest subliminal, learn to crave the feeling of having your loving caretaker change your dirty diaper, becoming aroused at the thought of how intimate a diaper changing can be, and finding yourself easily and naturally messing your diaper and crying unconsciously in anticipation for your change. Learn to associate the smell of baby powder and diaper cream with the love and affection that comes from your smart and dominant parent cleaning you.

Listen to “*Diaper Changing*,” and discover a new favorite part of your day.

- ✧ Feeling loved and cared for and aroused whenever my diaper is being changed.
- ✧ Preferring that my loving and strong and caring parent change my dirty diaper.
- ✧ Feeling happy and comfortable and relaxed whenever I am wearing a diaper.
- ✧ Easily letting go of my bladder and bowels into my comfortable and warm and secure diaper.
- ✧ Intuitively knowing that I am adorable and cute and submissive whenever I am wearing a diaper.
- ✧ Feeling loved and cherished and natural whenever I imagine myself laying on my changing table in order to be cleaned.
- ✧ Preferring to smell like baby powder and diaper cream.
- ✧ Intuitively knowing that I crave to wear a diaper each and every day in order to feel comfortable and relaxed and carefree.
- ✧ Easily letting go of all my gross and boring and tedious adult thoughts whenever I am wearing a diaper.
- ✧ Preferring to use my comfortable and pleasurable diaper for all of my toilet needs.
- ✧ Intuitively knowing that only gross adults use the intimidating grown up toilet.
- ✧ Needing my dirty diaper to be changed as soon as possible.
- ✧ Feeling happy and proud and accomplished whenever I mess my comfortable diaper.
- ✧ Knowing that I crave a big and strong and caring parent to change my diaper for me.
- ✧ Easily crying and whining whenever I am ready for a diaper change.



- ❖ Intuitively knowing that the only person who can change my diaper correctly is my loving caregiver.
- ❖ Imagining myself crying and throwing a tantrum until my parent changes my dirty diaper.
- ❖ Craving the feeling of having my diaper changed by a loving and caring and dominant parent.
- ❖ Imagining myself sucking on my delicious pacifier and babbling like a baby while I am being changed.
- ❖ Easily regressing into a baby whenever I smell baby powder and diaper cream.
- ❖ Knowing that smelling like baby powder and diaper cream advertises me as the adorable little baby that I know I am.
- ❖ Fantasizing about my caring parent changing my comfortable diaper each and every day.
- ❖ Craving the feeling of having my comfortable and pleasurable diaper changed.
- ❖ Craving the smell of fresh baby powder being applied to my diaper.
- ❖ Imagining myself being changed in a public family bathroom.
- ❖ Knowing that my loving and strong and dominant caretaker will change me whenever I easily and naturally and comfortably mess my diaper.
- ❖ Craving the feeling of being cuddled right after having my diaper changed.
- ❖ Knowing that I will be ready to play with my toys whenever my diaper is clean and I smell like baby powder.
- ❖ Imagining myself being hypnotized by the childish, spinning mobile above me as my diaper is changed.
- ❖ Preferring to wear thick and comfortable and protective diapers each and every day.
- ❖ Feeling happy and satisfied and fulfilled whenever my loving caretaker changes my diaper.
- ❖ Desiring each and every diaper to be changed by my dominant parent.
- ❖ Craving the smell of diaper cream and baby powder whenever I mess my thick and secure and comfortable diaper.
- ❖ Feeling loved and satisfied and cared for whenever I am having my diaper changed.
- ❖ Intuitively knowing that I am loved and cared for and cherished whenever my dirty diaper gets changed.
- ❖ Feeling happy and clean and excited whenever I am in a fresh diaper.
- ❖ Craving the feeling of being in a fresh and comfortable and thick diaper.
- ❖ Imagining myself throwing a childish tantrum whenever I have been in my dirty diaper for too long.
- ❖ Easily throwing an emotional tantrum whenever my dirty diaper is not being changed.



- ❖ Feeling happy and comfortable and relaxed whenever I feel a wet wipe on my dirty bottom.
- ❖ Feeling relaxed and comfortable and soothed whenever I am being cleaned after messing my diaper.
- ❖ Preferring to suck on my delicious pacifier to keep myself occupied whenever I am being changed.
- ❖ Feeling proud and accomplished and satisfied whenever I mess my diaper uncontrollably.
- ❖ Fantasizing about being cuddled and kissed after my dirty diaper has been changed.
- ❖ Feeling refreshed and energized and happy whenever I am having my diaper changed.
- ❖ Making sure that my diaper is changed multiple times a day in order to keep myself clean and happy and satisfied.
- ❖ Excited about getting my diaper changed whenever I wake up in the morning with a wet diaper.
- ❖ Intuitively knowing that I crave to have my diaper changed in order to advertise myself as the adorable and cute and little baby that I know I have always been.
- ❖ Knowing that I desire to have my diaper changed in order to feel confident and cute and adorable.
- ❖ Preferring to have my diaper changed by my loving parent in order to feel happy and loved and cherished.
- ❖ Craving the relaxing and soothing and comfortable feeling of having my diaper changed.
- ❖ Remembering to mess my diaper each and every day in order to spend time on the changing table with my wonderful and caring and dominant caregiver.
- ❖ Intuitively knowing that diapers are the most comfortable whenever they are wet and messy.
- ❖ Feeling happy and comfortable and confident in a fresh and new and secure diaper.
- ❖ Knowing that all babies crave to be changed multiple times a day.
- ❖ Intuitively knowing that being changed will help me regress into the baby that I know I have always been.
- ❖ Fantasizing about having my diaper changed in a public family bathroom after a long day of fun at the park.
- ❖ Craving to have my diaper changed each and every day in order to be the baby that I know I have always been.
- ❖ Preferring to present myself as a baby by using my diapers naturally and unconsciously in the way that they were always meant to be used.
- ❖ Cooing and babbling happily whenever my dirty diaper is being changed.